

2010 First Aid for the USMLE Step 1
Official Updates, Corrections, and Clarifications
Updated 03/5/10

Despite our best efforts, errors do occur during the revision. If you see a verifiable error not on this list, please report it to our blog at www.firstaidteam.com. If you are the first to report the error, you will receive a **\$10 gift certificate**. We review every single submission, as well as search other websites and blogs in order to identify and correct every possible error. Please note that we will not list simple typos or, unless egregious, omitted material. Our list reflects content errors and typos that may create confusion regarding the content.

This list reflects all submissions before March 5, and will be updated again on **April 1, 2010**. As always, updates are available at www.firstaidteam.com. Good luck with your studies!

–The First
Aid/USMLERx Team

Page #	Entry Title	Correction/Clarification
8 and 9		Note that as of January 1, 2010, the minimum passing score has increased from 185 to 188. The two-digit score remains at 75.
157	<i>Chlamydia trachomatis</i> serotypes	Under types L1-L3, please note that the Frei test is only of historical significance, it is no longer used in clinical practice.
168	Herpesviruses	For diseases associated with CMV, the text should read "owl's eye" inclusions.
189	Sulfa drug allergies	Please note that celecoxib and probenecid are also considered sulfa drugs.
242	Sulfa drugs	Please note that acetazolamide and sulfonamide antibiotics are also considered sulfa drugs.
347	Lab values in anemia	Please note that "Transferrin/TIBC" does not refer to a ratio. Replace "/" with "or" to read "Transferrin or TIBC."
381	Seronegative spondyloarthropathies	Inflammatory bowel disease should also be noted as a (less) common cause of seronegative spondyloarthropathies. A useful mnemonic is PAIR , where I stands for inflammatory bowel disease and the other three are already listed.
383	Dermatologic terminology	Impetigo is incorrectly aligned in the Examples column; impetigo is an example of a crust, not a pustule.
482	Pregnancy	In the entry for lactation: lactation is induced by the decrease in progesterone levels. The text currently reads "maternal steroids," which is a rather general description for this substance.
511	Lung cancer	In the entry for carcinoid tumor: please note that carcinoid tumor can also induce right-sided heart failure.
520	Classic presentations	In the entry for WBC casts in urine: casts are made in the loop of Henle, which means that WBC casts are indicative of pyelonephritis, but not cystitis. Thus please remove cystitis from the listing.
526	Key associations	In the entry for esophageal cancer: while squamous carcinoma is the most common type worldwide, adenocarcinoma is the predominant form in the U.S.
527	Key associations	In the entry for HLA-B27: please add psoriasis to the list, and note that diseases commonly associated with HLA-B27 are remembered by the mnemonic PAIR : P soriasis, A nkylosing spondylitis, I nflammatory bowel disease, and R eiter's syndrome.