2024 First Aid for the USMLE Step 1 Corrections and Clarifications December 31, 2024

Despite our best efforts, errors do occur during the revision process. This list primarily addresses direct content errors that may create confusion. We also have listed selected clarifications. Please be aware, however, that this list does not represent the entire scope of additions, improvements, and clarifications expected in the 2025 edition.

Red signifies specific text to be deleted.

Green signifies specific text to be added.

We check every potential errata submission against your reference(s), authoritative references, and expert faculty to maximize clarity and accuracy. Please note that our goal is to provide a high-yield framework for optimal exam preparation and not a comprehensive textbook. If you were the first individual to submit a referenced correction or clarification to us at www.firstaidteam.com that appears in the errata or in the next edition of the book, you will receive a gift certificate in appreciation. Good luck with your studies!

- The First Aid Team

CATEGORIES OF UPDATES

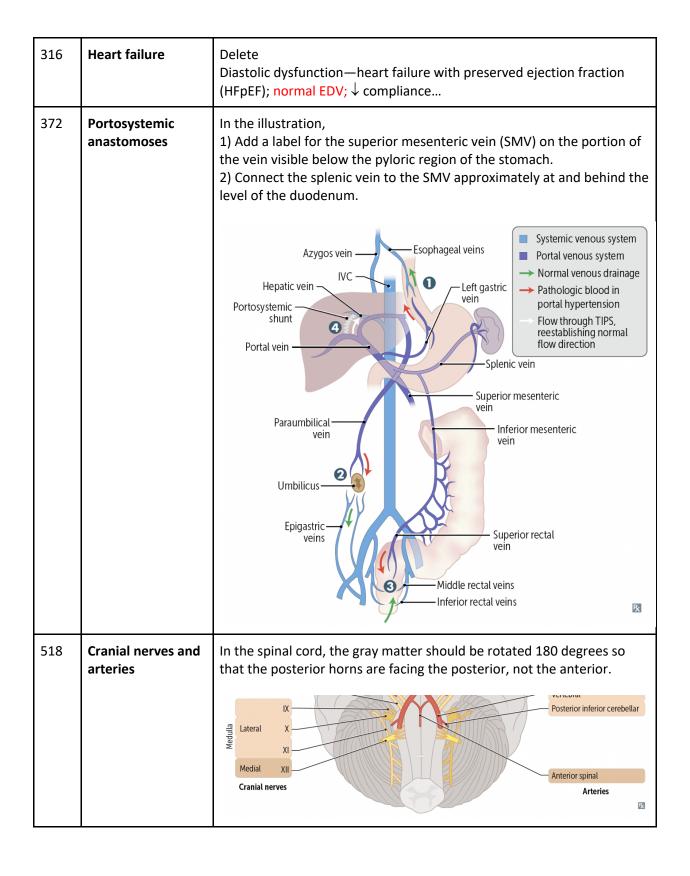
Major Corrections	Factual errors that could interfere with comprehension
Minor Corrections	Less significant errors that may cause confusion
Clarifications	The text is accurate but could be written more clearly, or minor formatting issues (misalignments, indents, etc) that may confuse

MAJOR CORRECTIONS

Page	Fact Name	Revision
513	Cerebral arteries— cortical distribution	Change ACA-MCA watershed infarct—proximal upper and lower extremity weakness ("man-in-a-barrel syndrome") to ACA-MCA watershed infarct—proximal upper extremity weakness sparing the lower extremities ("man-in-a-barrel syndrome")

MINOR CORRECTIONS

Page	Fact Name	Revision
98	Major histocompatibility complex I and II	In the MHC II illustration, change the labels Long chain and Short chain to Equal-length chains. (MHC II has two chains of equal length.) Exogenous antigen Exogenous antigen binding groove \[\alpha_1 \chain \] \[\alpha_2 \chain \] \[\alpha_2 \chain \] \[\alpha_2 \chain \]
142	Salmonella vs Shigella	In the <i>Salmonella</i> spp. except <i>S typhi</i> column, Spread row, add Hematogenous spread is rare
288	Heart anatomy	In Coronary blood supply row, change PDA supplies posterior 1/3 of interventricular septum, posterior 2/3 walls of ventricles, and posteromedial papillary muscle. RCA supplies AV node and SA node. to Posterior descending artery (PDA) supplies posterior 1/3 of interventricular septum, posterior 2/3 walls of ventricular walls, posteromedial papillary muscle, and SA and AV notes (as determined by dominance). Infarct may cause nodal dysfunction (bradycardia or heart block).



534	Dementia	In the Alzheimer disease illustration, change shading from the amygdala to the hippocampus. Basal ganglia Thalamus Hypothalamus Hippocampus
572	Normal infant and child development	In the 0–12 mo row, Motor column, addpasses toys hand to hand (by 6–9 mo)
663	Cervical pathology	In the Dysplasia and carcinoma in situ row, changeCIN 3 (severe, irreversible dysplasia or carcinoma in situ) toCIN 3 (severe dysplasia or carcinoma in situ is unlikely to return to normal)
713	Rapid Review	In Superior gluteal nerve injury entry, change Trendelenburg sign: lesion contralateral to side of hip that drops due to adductor weakness to Trendelenburg sign: lesion contralateral to side of hip that drops due to abductor weakness
720	Rapid Review	In Vitamin K deficiency entry, add Hemorrhagic disease of newborn with \(^1\) aPTT, normal bleeding time

CLARIFICATIONS

Page	Fact Name	Revision
135	Enterococci	Change Enterococci (<i>E faecalis</i> and <i>E faecium</i>) are normal colonic microbiota that are penicillin G resistant and cause to Enterococci (<i>E faecalis</i> and <i>E faecium</i>) are normal colonic microbiota that are intrinsically resistant to penicillin G and cause"
318	Syncope	Replace Orthostatic hypotension is defined as a drop in systolic BP > 20 mm Hg and/or diastolic BP > 10 mm Hg upon standing. with Orthostatic hypotension is defined as a drop in systolic BP \geq 20 mm Hg and/or diastolic BP \geq 10 mm Hg within 3 minutes of standing.
429	Extrinsic hemolytic anemias	For warm and cold AIHA, add Warm AIHA—primarily IgG causes extravascular >>> intravascular hemolysis. Cold AIHA—primarily IgM + complement cause RBC agglutination and extravascular >>> intravascular hemolysis upon exposure to cold
476	Systemic lupus erythematosus	Remove Common causes of death in SLE: renal disease (most common), infections, cardiovascular disease (accelerated CAD).